

The Map Inside of Me



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This storybook is dedicated to celebrating Cerebral Palsy and honouring the many different ways children move, learn, and grow. It is a reminder that differences are not something to be fixed, but something to be understood, respected and celebrated.



My name is Mira, and I
love maps.

I draw maps of my
street, my school, even
the clouds above my
window.

But my favorite map is
the one no one else can
see.

The map that lives inside
me.

My therapist tells me my brain
has its own pathways.
Little roads and bridges that
carry messages to my muscles.
Some roads are smooth.
Others are still being built.



When I tell my legs to
move, the message
travels slowly.
It twists, turns, and
takes the long way
around
Like a road trip with
lots of stops.

